

Supported by a degree in Stage Management, I have over ten years' experience working on a wide variety of productions - from mid-scale venues including Southwark Playhouse, the Rose Theatre, and the Arcola Theatre, through to large venues including London Coliseum and Royal Ballet & Opera. As an Assistant Stage Manager, I have experience setting up props, furniture and set for performances, keeping detailed notes to ensure that the setting is correct for every show, and maintaining props to a high standard throughout the production.

CORE SKILLS

- Confident score reading
- Prop construction and maintenance
- Excellent information retention
- Computer literate
- Understanding of flying systems
- Able to sew by hand and with a sewing machine
- Strong communicator
- Comprehensive knowledge of risk assessments

PREVIOUS NOTABLE WORK – ASM & PROPS

Jan '26	Senior Running Props Technician	<i>Così fan tutte</i>	English National Opera
Nov '25	Assistant Stage Manager	<i>Nutcracker Noir</i> (Immersive Dining)	Secret Theatre
Sept '25	Senior Running Props Technician	<i>Dead Man Walking</i>	English National Opera
July '25	Set Decorator & Assistant Director	<i>Definitions</i> (film)	What The Duck Productions
May – Sept '25	Assistant Stage Manager	<i>A Single Man</i>	Royal Ballet & Opera
April '25	Assistant Stage Manager	<i>International Draft Works</i>	Royal Ballet & Opera
Sept '24 – Mar '25	Running Props Technician		English National Opera
	<i>La Bohème, Turn of the Screw, Rigoletto, L'Elisir d'Amore, Marriage of Figaro</i>		
April '20	Assistant Stage Manager	<i>Pipeline</i>	Arcola Theatre
April '20	Rehearsal Assistant Stage Manager	<i>Gentlemen</i>	Arcola Theatre
July '17	Assistant Stage Manager	<i>The Midnight Gang</i>	The Chickenshed
March '17	Assistant Stage Manager	<i>Funfair</i>	ALRA
Nov '15	Assistant Stage Manager	<i>The Divided Laing</i>	Arcola Theatre
July '14	Assistant Stage Manager	<i>A Bright Room Called Day</i>	Southwark Playhouse

QUALIFICATIONS & TRAINING

2011-2014	BA (Hons) 2:1 in Stage Management	Rose Bruford College of Theatre and Performance
2025	Replica Firearms Training	RC Annie
2024	CPD Courses - Food Hygiene Level 2, Theatre Specific COSHH Awareness, Theatre Specific Fire Awareness, Manual Handling, Theatre Specific Noise Awareness	
2024	MEWPs and Scaffold Tower Training	PASMA and PAL
2023	First Aid at Work	St John's Ambulance
2022	Introduction to Prop Making for Film, TV, Theatre and Display	City Lit
2017	Full driving licence	
2009 – 2011	Grade 8 singing, Grade 7 viola, Grade 6 piano, Grade 5 violin, Grade 5 music theory	

ONGOING CASUAL WORK

2025 – present	Freelance Prop Maker	Polka Theatre
2024 – present	Freelance Prop Maker	English National Opera
2023 – present	Scenic Painter	Richmond Shakespeare Society
2021 – present	Casual Technician and Stage Crew	eStage
2021 – present	Causal Stage Crew	Rose Theatre
2019 – present	Casual Technician	Southwark Playhouse
2018 – present	Casual Technician and Stage Crew	Upstairs at the Gatehouse
2016 – present	Technical Crew	ESS Hire
2014 – present	Stage Manager – Main Arena	Twinwood Vintage Music Festival

PREVIOUS STAGE MANAGEMENT WORK

Aug '24	Stage Manager	<i>Madwomen of the West</i>	Riverside Studios
Aug '23	Stage Manager	<i>Faustine</i>	Camden Fringe Festival
Apr '21 – July '23	Theatre Technician	<i>Betsey, Matilda Jr, Legally Blonde, The Welkin, Lady Malcolm's Ball, Mary Poppins Jr., Team, The Trials, Chitty Chitty Bang Bang Jr.</i>	Lady Eleanor Holles
Oct '22	Stage Manager	<i>Faustine</i>	Old Red Lion
Nov '19 – Mar '20	Stage Manager	<i>Betty Blue Eyes</i>	Mountview
Sept '19	Stage Manager on Book	<i>I'd Rather Go Blind</i>	Omnibus Theatre
Aug '19	Stage Manager on Book	<i>Macbeth & Merry Wives of Windsor</i>	Pendley Shakespeare Festival
April '19	Production Stage Manager	<i>The Green Ship</i>	Librarian Theatre
March '19	Stage Manager on Book	<i>The Noises</i>	Old Red Lion
Aug '18	Stage Manager	<i>Much Ado About Nothing & Richard III</i>	Pendley Shakespeare Festival
July '18	Stage Manager	<i>As You Like It</i>	Shakespeare in the Squares
Oct '17	Production Stage Manager	<i>Alice in the Cuckoo's Nest</i>	Librarian Theatre
Nov '16	Stage Manager on Book	<i>A Christmas Carol</i>	Librarian Theatre
Oct '16	Stage Manager on Book	<i>Phone Home</i>	Upstart Theatre
Oct '16	Deputy Stage Manager	<i>Marlowe 5: Gala Performance</i>	Marlowe Theatre
March '16	Stage Manager on Book	<i>The Book's The Thing</i>	Librarian Theatre
Feb '16	Stage Manager on Book	<i>A Steady Rain</i>	Arcola Theatre
Dec '15	Stage Manager	<i>A Midsummer Night's Dream</i>	Arcola Theatre
Sept '15	Rehearsal Deputy Stage Manager	<i>Tales of Hoffmann</i>	English Touring Opera
Feb '14	Deputy Stage Manager	<i>Der Ring des Nibelungen</i>	Fulham Opera

FOR A COMPLETE HISTORY OF MY EMPLOYMENT, PLEASE VISIT MY WEBSITE – WWW.RACHELDARWOOD.CO.UK

REFEREES – AVAILABLE UPON REQUEST